

BCGREA Branch 2000 Cheam View General Meeting Minutes for November 2018, held at Canton Gardens, Chilliwack; Tuesday November 20.

1. **Meeting was called to order** by Gord Griffeth, Chair, at 12:05 pm with 26 in attendance, including guest speaker.
2. **Moment of Silence** to honour and remember: past members; friends and family; those that protect and serve including first responders; we shall not forget them.
3. **Grace** was given by Joe Hahn.
4. **Opening Remarks** by chair Gord Griffeth;
 - Welcome to our guest speaker Kris Bergthorson and friend Greetje Wilderjans.
 - See website for updated insurance under BCGREA
5. **Minutes of Last General Meeting** held October 16, 2018 at Canton Garden, were read by secretary. Request for any Errors and Omissions was made, MSC to accept with correction to Gord's name (Richard Porcina and Norma Jean Boisvert) Carried.

6. Reports:

Chair: provided by Gord Griffeth;

- Gord attended the AGM meeting on behalf of Branch 2000, Oct 17 at the Tsawwassen Coast Hotel.
- Request for updated email addresses for those receiving the "Pen" newsletter electronically; Lynne D. has updated listing but asks if anyone has changed their email address and wishes to receive the Pen electronically to please advise her with correct email address.

Vice-Chair: position vacant;

Secretary: Dawn Stuble;

- Nothing at this time.

Treasurer: provided by Lynne Burger;

- Lynne covered details of the October Financial statements, income and expenses including the cost of the post box rental.
- Peter spoke to the past process and the resulting need to have a post box address to keep the branch active and not a burden on individuals.
- Sill outstanding is the Payment required to Provincial of their portion of any members dues collected locally in 2018.

- Request for any Errors and Omissions was made, response was negative. MSC to accept as read (Joe Hahn and Pat Harkness), carried.
- Complete statement attached to minutes.

Membership: provided by Lynne Dennis (Rick Porcina).

- Membership is now at 157 plus the 3 members not continuing into 2019. We're down one member due to their move to Squamish.
- Lynne D. also asks membership if anyone who may know Sonya Garlinge's current address to please contact Lynne. Sonya has paid her dues for 2019 but the address provided is not current.

Transportation: If you need a ride to meetings or if we can assist in any way, please contact Chair and transportation coordinator Gord Griffeth at 604 793-3301, or any of the executive.

- Nothing at this time.

COSCO (Council of Seniors Citizens' Organizations of BC):

COSCO website www.coscobc.ca The BCGREA is a COSCO affiliate and meets monthly at Hastings Community Centre, Vancouver. As a paid affiliate of COSCO, our branch is entitled to send a delegate to the meetings.

- Thank you to Patrick (Pat) Harkness for volunteering to take on the position of COSCO Rep. for our Branch. Pat attended the Nov 9th COSCO meeting in Vancouver and the Health Committee meeting held after. Pat briefed us on the meeting and his informative report is attached to these minutes.
- Pat is also involved in the International Organization on Standardization Technical Committee (ISO TC 314) that has two projects Working Group 1: Guidelines for an inclusive workforce (ageing workforce) and Working Group 2: Framework for dementia-inclusive communities. At future meetings, Pat will gradually increase our awareness and understanding of this Committee.
- Pat provided copies of the COSCO News Oct 2018 Number 110 for all interested members.

Communications/Web Master: Rick Porcina.

- Rick has updated the COSCO Newsletter link on our website, removing an outdated newsletter and made the link directly to COSCO from which you can review current COSCO meeting minutes insuring the minutes are current and not duplicated.
- In the recent electronic meeting notice distribution, eight emails came back incorrect. Rick will review.

Guest Speakers: facilitated by Delores Hiles;

- Delores is booking future speakers and Christmas entertainment. Remember no meeting in January.

Directors/Past Chairs: Peter Maguire / Joe Hahn;

- Peter brought a handout provided to him by the President of Chilliwack's Real Estate Board regarding information on the possible consequences to home owners by growing even 4 cannabis plants in your home.
- Peter has discussed our Christmas Luncheon with Chuck at Canton's and negotiated a Christmas lunch price of \$19. Members and guests will continue to pay \$11 with Branch 2000 covering the outstanding \$8 per person.
- Peter received an email from Provincial advising of a new service procedure of providing pertinent information by email as it becomes available.
- Reminder to members to Vote on the Referendum on whether or not the province should change from the current first-past-the-post voting system to a form of proportional representation. Votes must be received by the deadline of 4:30 pm Nov. 30
- Peter reminded us that there is a lot of new and old scams out there and be aware! Delores hopes to have a speaker on this subject in the New Year.

7. Introduction of Guest Speaker:

Delores introduced Kris Bergthorson. In 2014, Kris, an avid motorcyclist was riding arena cross in Chilliwack, when he lost control and crashed. The accident left Kris paralysed with a broken back, a T4 spinal injury. Four years later Kris was back on a motorcycle and not only riding but racing. Kris while showing us slides, walked us through the challenging process of getting his bike able to be driven by a paraplegic. Connecting with others in the international world of handicapped riders, using his design expertise and assistance of friend and fellow T4/T5 injury victim, Kevin Priebe, Kris is back on the circuit today. "It's amazing what you can do. Humans, we're all kind of handicapped, we drive cars, bicycles, planes". Kris spoke about the meaningful feeling of reclaiming something back (after the accident), the accomplishment. It's still a "work in practise". Kris isn't stopping at modifying this bike, (which was in the back of the room) but looks ahead to designing his own 3 wheel leaning trike.

Due to the distance Kris came to speak with us, executive provided Kris with a check for gas which Kris so graciously and generously donated back to us for the Christmas food bank drive. Warmest thanks to Kris for the donation and for sharing his passion with us.

8. Old Business:

- No items brought forward under old business.

9. New Business:

- Our Christmas Luncheon will be at Canton's Tuesday Dec 18th, same time at Canton Gardens.
- Please remember those less fortunate with donations and food bank items to be delivered after the Christmas Luncheon.

10. 50/50 Draw: the winning ticket for \$23 was won by Greg Ouellet. Congratulations. In addition, there was two additional draws. With many thanks to William Snow, who donated a beautiful bald eagle photograph of his, won by Donna Reimer and a signed Motorcycle Mojo magazine which features our guest speaker, won by Dawn Stublely. Thank you, William.

11. Meeting adjourned: The meeting was adjourned at 1:30 pm.

CHEAM VIEW BRANCH BCGREA #2000										
Financial Statement OCTOBER 2018										
1.	OCTOBER 1, 2018 Opening Balance								\$	3,708.34
2.	Income									
a)	September Interest on OCTOBER Statement							\$	0.03	
b)	Dues 0 @ \$20.00								0.00	
c)	50/50								16.50	
d)	Meals Collected (\$253 - \$2. -error on ck to canton								251.00	
e)										
	TOTAL INCOME							\$	267.53	
	BALANCE								\$	3,975.87
2	Expenses									
a)	ck #0001			Post Box Rental			\$	174.30		

	b)	ck #0002	Dawn Stublely-exec mtg rm cost			47.25	
	c)	ck #0003	Canton Meals 24 incl guest spkr			262.00	
			TOTAL EXPENSES			\$ 483.55	
			BALANCE				3,492.32
4.	Bank statement					\$ 3666.62	
	Less ck # 0001 not cleared					174.30	
	Adjusted Bank Balance Confirmed.					\$ 3,492.32	

COSCO Delegate Report to the BCGREA Branch 2000 Meeting November 20th, 2018

By Patrick Harkness

COSCO (founded 1950) is a British Columbia umbrella organization made up of various seniors' organizations and individual associate members. It currently has 42 affiliates representing approximately 42,000 seniors

On your behalf I attended the **November 9th meeting** of COSCO Delegates. The minutes will be available on our website. Items that may be of interest to you:

- ✦ 1st Vice President Sheila Pither reported that there are still many requests for the ***Stay on the Road Program*** from all over the province. COSCO has applied to New Horizons for another grant and are hoping for some government funding but until more funding is available **the program is on hold.**
- ✦ 2nd Vice President John Wynne (a member of the BC Hydro low-income advisory board) let members know that the program is working reasonably well; there have been many applications.
- ✦ The COSCO Newsletter will be reduced to **three issues a year** (COSCO AGM; June; and NPF AGM) but retain their 18-page layout.
- ✦ Jerry Gosling, President of the BC OAPA reported on the amalgamation of North and South Fraser as North Fraser has been reduced to 3 branches. The new name now Fraser Valley Region.
- ✦ The National Pensioners' Federation acknowledged the input from Canadians during the NPF's presence at the CRTC hearings where concerns over unfair marketing practices by Rogers, Shaw, Bell and others were submitted.
- ✦ Jerry Gosling, CADEN Advocate, shared some worthwhile details about de-prescribing medications. Canadian Prescribing Network otherwise known as CADEN was formed in 2015 and is a group of health care providers, researchers, policy makers and patient advocates across Canada, who work to create awareness about medications that may be causing more harm than good to older Canadians.
Jerry **strongly urged** everyone to conduct a medication review with your doctor or pharmacist and OTC. (over the counter) medicines that you are taking which all have an effect on your prescribed medications.
- ✦ Christmas Social, delegates bring finger food to share, at the delegates meeting on December 7, 2018 at 10:00am at Hastings Community Centre